Leadership University
Life Skills – Life Management

Life Management Bible Study
Steve Rugg
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Principles:

1. It is important to take a day of rest (Sabbath) each week for many reasons:
   a. God did it and commanded us to do it (Gen 2:2-3, Ex 20:8-11, 31:12-17, Deut 5:12-15). We should rest even during the busiest times (Ex 34:21)
   b. It keeps us trusting in God and not in our own work (Lev 25:18-22)
   c. We need rest (Deut 5:14)
   d. The people around us need the rest (Ex 23:12, Deut 5:14)
   e. The land needs a rest (Lev 25:2-6, 26:34-35, 2 Ch 36:20-21)
   f. So that we can get to know God better (Ex 31:13, Deut 5:15)
   g. There are penalties for not obeying the Sabbath (Ex 31:14-15)
   h. There are blessings if we do observe the Sabbath (Isa 58:13-14)

2. The families of leaders should be honored and cared for.
   a. Spiritually develop your children (Tit 1:6)
   b. Manage the household well (Prov 31:10-31, 2 Cor 12:14, 1 Tim 3:4-5, 12)
   c. Bringing hardship on your family will leave you with no inheritance (Prov 11:29)
   d. A greedy man brings hardship to his family (Prov 15:27)
   e. Managing your family and possessions well will bring blessings (Prov 27:23-27)
   f. Care for elderly family members in need (1 Tim 5:4-8, 16)
   g. Honor your parents (Ex 20:12, 21:15-17, Lev 19:3)
   h. Obey your parents (Eph 6:1, Col 3:20)

3. Be willing to make priority calls between work and family needs (Deut 20:5-7, 24:5 Mk 10:29-30, Lk 18:29-30)

4. Family should not be overly prioritized – God’s call should come first.
   a. Those that put God’s Word into practice are our true family (Lk 8:19-21)
   b. Family can distract us from the Lord’s work (Lk 9:61-62, 1 Cor 7:28, 32-35)
   c. Those that leave family for the Lord will receive great blessings (Mt 19:29)
   d. The Lord loves us more than our family does, and we should do the same to Him in return (Ps 27:10, Mt 10:37, Lk 14:26)
   e. Jesus knew that His message would divide families, so don’t be surprised by this (Mt 10:21, Lk 12:51-53)
5. Finding your significance in work (even the Lord’s work) is meaningless
   *(Ecc 2:4-5, 10-11, 17-26)*
6. Jesus provides rest for his people *(Ps 62:5-8, Is 30:15, Mt 11:28-30)*

Examples:

1. Participate in activities and interests outside of ministry *(1 Kgs 4:33-34, Mt 9:9-13, Lk 2:52, Jn 2:1-11, 11:1-44)*
2. Honor your parents *(Ruth 1:16-18, 1 Kgs 19:19-21, Mk 7:9-13)*
3. Love God and follow him over your family, since God is your true father *(Lk 2:43-50)*
4. Care for and protect your family *(1 Ch 16:43, Acts 16:31-34, Heb 11:7)*
5. Do things as a family *(Num 2:2, 34, Deut 15:19-20)*

Get time alone w/ God to be spiritually renewed *(Mk 1:35)*